

Research interests

Stress, eating, weight, cardiometabolic health

Employment

Medical & Clinical Psychology

Uniformed Services University of the Health Sciences

Bethesda, United States

24 Feb 2025 → present

Research outputs

Mental health risk factors for psychological disorders after COVID-19 infection: A systematic review and meta-analysis

Milligan, T., Nair, R., Cowansage, K., Boyd, C., Morgan, M. A., Kotzab, D., Bellanti, D. M., Shank, L. M., Berman, D. E., Chari, S., Evatt, D. P. & Kelber, M. S., 1 Jun 2026, In: Journal of Affective Disorders. 402, 121377.

Systematic review of the impact of interventions changing access to lethal means on suicide attempts and deaths

Shank, L. M., Smolenski, D. J., Boyd, C., Bellanti, D. M., Nair, R., Cowansage, K., Libretto, S., Frazier, K., Evatt, D. P. & Kelber, M. S., 1 Feb 2026, In: Injury Prevention. 32, 1, p. 7-15 9 p.

A Systematic Review of Music Therapy for Symptoms of Traumatic Brain Injury and Posttraumatic Stress Disorder in Adults

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Treatments for adjustment disorder: A systematic review and meta-analysis of randomized controlled trials

Cowansage, K. P., Milligan, T., Morgan, M. A., Boyd, C., Bellanti, D. M., Nair, R., Shank, L. M., Smolenski, D., Evatt, D. P. & Kelber, M. S., Nov 2025, In: Psychiatry Research. 353, 116739.

A systematic review and meta-analysis of the effect of deployment and combat exposures on suicide attempts and deaths

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Case management for suicide prevention: a rapid review and evidence map

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Cognitive fatigue did not significantly influence youth's total energy intake or snack food consumption during a randomized trial

Parker, M. N., Kelly, N. R., Moore, A., Loch, L. K., Vazquez, J. T., Bloomer, B. F., Nwosu, E. E., Lazareva, J., Yang, S. B., Courville, A. B., Moursi, N. A., Brady, S. M., Olsen, C. H., Shank, L. M., Tanofsky-Kraff, M. & Yanovski, J. A., Aug 2025, In: Journal of behavioral medicine. 48, 4, p. 683-693 11 p.

Evidence-based telehealth interventions for post-traumatic stress disorder, depression, and anxiety: A systematic review and meta-analysis

Kelber, M. S., Smolenski, D. J., Boyd, C., Shank, L. M., Bellanti, D. M., Milligan, T., Edwards-Stewart, A., Libretto, S., Parisi, K., Morgan, M. A. & Evatt, D. P., Jul 2025, In: Journal of Telemedicine and Telecare. 31, 6, p. 757-767 11 p.

Genetic and peripheral biomarkers of comorbid posttraumatic stress disorder and traumatic brain injury: a systematic review

Cowansage, K., Nair, R., Lara-Ruiz, J. M., Berman, D. E., Boyd, C. C., Milligan, T. L., Kotzab, D., Bellanti, D. M., Shank, L. M., Morgan, M. A., Smolenski, D. J., Babakhanyan, I., Skopp, N. A., Evatt, D. P. & Kelber, M. S., 2025, In: Frontiers in Neurology. 16, 1500667.

A systematic review and meta-analysis of loss-of-control eating in relation to cardiometabolic health components and inflammatory markers

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A systematic review of problematic social media use and occupational functioning

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Ruzicka, E. B., Shomaker, L. B., Pyle, L., Bakalar, J. L., Shank, L. M., Crosby, R. D., Wilfley, D. E., Young, J. F., Sbrocco, T., Brady, S. M., Gulley, L. D., Yanovski, J. A. & Tanofsky-Kraff, M., 15 Mar 2024, In: American Journal of Psychotherapy. 77, 1, p. 7-14 8 p.

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The impact of racially-targeted food marketing and attentional biases on consumption in Black adolescent females with and without obesity: Pilot data from the Black Adolescent & Entertainment (BAE) study

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The relationship between anxiety, coping, and disordered-eating attitudes in adolescent military-dependents at high-risk for excess weight gain

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Post-Traumatic Stress Disorder (PTSD) as a Systemic Disorder: Pathways to Cardiovascular Disease

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Examination of the Interaction between Parental Military-Status and Race among Non-Hispanic Black and Non-Hispanic White Adolescents with Overweight/Obesity

Higgins Neyland, M. K., Shank, L. M., Lavender, J. M., Burke, N. L., Rice, A., Gallagher-Teske, J., Markos, B., Faulkner, L. M., Djan, K. G., Kwarteng, E. A., Lemay-Russell, S., Parker, M. N., Schvey, N. A., Sbrocco, T., Wilfley, D. E., Ford, B., Ford, C., Haigney, M., Klein, D. A., Olsen, C. H., & 6 othersQuinlan, J., Jorgensen, S., Brady, S., Shomaker, L. B., Yanovski, J. A. & Tanofsky-Kraff, M., 1 Aug 2022, In: *Journal of Pediatric Psychology*. 47, 7, p. 743-753 11 p.

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Associations among alexithymia, disordered eating, and depressive symptoms in treatment-seeking adolescent military dependents at risk for adult binge-eating disorder and obesity

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Lisa Shank

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25/02/26

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Grants

Inflammatory Stress Response and Loss of Control Eating in Youth

Shank, L.

National Institute of Diabetes and Digestive and Kidney Diseases: \$24,070.00

1/08/18 → 31/05/19